# Communion Rite/ Rito de Comunión

- 23. The Lord's Prayer/ Padre Nuestro
- 24. Rite of Peace/ Rito de la paz
- 25. Breaking of the Bread/ Fraccion del pan
- 26. Lamb of God/ Cordero de Dios

(KNEEL/ DE RODILLAS)

# Communion/ Comunion

DURING COMMUNION, PLEASE REMEMBER TO REMAIN KNEELING UNTIL THE HOLY SACRAMENT IS RESTING ONCE AGAIN IN THE TABERNACLE/ RECUERDEN QUE DEBEN DE SEGUIR RODILLADOS HASTA QUE EL SANTISIMO SACRAMENTO ESTE DE NUEVO EN EL TABERNACULO.

- 27. (STAND) Prayer after Communion/ (DE PIE) Oracion despues de la comunión
- 28. Blessing/ Bendición
- 29. Announcements/ Anuncios
- 30. Concluding Rite/ Rito de Conclusión
- 31. Dismissal/ Despedida
- 32. Recessional hymn/ Canto de salir

\*\*\*\*\*\*\*PLEASE REMEMBER THAT YOU SHOULD NOT LEAVE THE CHURCH DURING COMMUNION OR BEFORE MASS HAS ENDED (MASS HAS NOT ENDED UNTIL THE CELEBRANT HAS LEFT THE CHURCH) \*\*\*\*\*\*\*RECUERDAN QUE NO DEBEN DE SALIR DE LA IGLESIA DURANTE DE LA COMUNION O ANTES QUE LA MISA HE TERMINADO (LA MISA NO TERMINA HASTA QUE EL CELBRANTE HE SALIDO DE LA IGLESIA. St. Matthew's

Catholic Church



"To know, to love and to serve Christ"

# First Holy Communion Student Preparation Handbook

## **Apostles Creed**

I believe in God the Father Almightv. Creator of heaven and earth: and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary; suffered under Pontius Pilate. was crucified, died and was buried. He descended into hell: the third day he rose again from the dead. He ascended into heaven. and is seated at the right hand of God the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit; the Holy Catholic Church; the Communion of Saints; the forgiveness of sins; the resurrection of the body; and life everlasting. Amen.

# Hail Mary

Hail Mary full of Grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary Mother of God, pray for us sinners, now and at the hour of our death. Amen

# **Our Father**

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen

- **11.** (STAND) Gospel Acclamation (alleluia)/ (DE PIE) Aclamación antes del Evangelio (aleluya)
- 12. Gospel/ Evangelio
- 13. (SITTING) Homily/ (SENTADO) Homilía
- 14. (STANDING) Profession of Faith and prayers of the faithful/ (DE PIE) *Profesion de fe y Oraciones de los Fieles*R: Lord hear our prayer/ R: Te rogamos, óyenos.

## Liturgy of the Eucharist/ Liturgia Eucaristica

**15.** Preparation of the Altar and the Gifts (sitting)/ *Preparacion del altar y de las ofrendas (sentados)* 

\*\*\*\*As celebrant finishes washing his hands all must rise/ Cuando el celebrante termina de lavar los manos, todos se pone de pie

- 16. Prayer over the Gifts/ Oracion sobre las ofrendas
- 17. Preface/ Prefacio
- **18.** Preface Acclamation (Holy, Holy, Holy) / Aclamación del Prefacio (Santo, Santo, Santo)

\*\*\*\*KNEEL/ DE RODILLAS

- 19. Eucharistic Prayer / Plegaria Eucaristica
- **20.** Memorial Acclamation (Christ has died, Christ has risen, Christ will come again)/ Aclamacion Memorial (Anunciamos tu muerte, proclamamos tu resurreccion. ¡Ven, Señor Jesús!)
- 21. Doxology/ Doxología
- 22. R: AMEN (STAND/ DE PIE)

# The Order of the Mass

- 1. Entrance into the Church (bless w/ Holy Water then genuflect before entering the pew/ Entrada a la Iglesia (se bendiga con agua bendita al entrar y hacer genuflexión al pasar por el Santísimo en el tabernáculo antes de entrar la banca.)
- 2. (STAND) Entrance Song (Processional Hymn) / (DE PIE) Canción de Entrar.

#### **Introductory Rites**

The Priest or Celebrant Greets us;
 "In the name of the Father, and of the Son, and of the Holy Spirit. Amen"

El Padre o celebrante nos saluda;

*"En el nombre del padre, y del Hijo, y del Espirity Santo. Amen."* 

- **4.** At this point of the Mass, there might also be a rite of Blessing or Sprinkling with Holy Water. *En este punto de la Misa, puede ser un "Rito para la aspersion del agua bendita"*
- 5. Penitential Rite/ Rito Penitencial
- 6. Gloria/ Gloria
- 7. Opening prayer/ Oracion Colecta

#### Liturgy of the Word/ Liturgia de la Palabra

- 8. (SIT) First Reading / (SENTADO) Primera Lectura
- 9. Responsorial Psalm/ Salmo Responsorial
- 10. Second reading/ Segunda Lectura

## **Glory Be**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen

# The Seven (7) Sacraments

- 1. Baptism
- 2. Confirmation
- 3. Eucharist
- 4. Penance
- 5. Anointing of the Sick
- 6. Holy Orders
- 7. Matrimony

# The Seven (7) Capital or Deadly sins

1. Pride:

over-high opinion of oneself.

- 2. Avarice: too great a desire to have wealth/ being greedy
- 3. Envy:
  - resentful dislike of another because they have something you want.
- 4. Wrath:

action carried out in anger for punishment or vengeance.

5. *Lust:* 

excessive sexual desire to gratify the senses.

- 6. *Gluttony:*the habit or continual act of eating too much.
  7. Sloth:
- 7. Sloth: laziness

#### **Ten Commandments**

- **1.** I am the LORD your God: you shall not have strange gods before me.
- You shall not take the name of the LORD your God in vain.
- 3. Remember to keep holy the LORD's Day.
- 4. Honor your father and mother.
- 5. You shall not kill.
- 6. You shall not commit adultery.
- 7. You shall not steal.
- **8.** You shall not bear false witness against your neighbor.
- 9. You shall not covet your neighbor's wife.

**10.** You shall not covet your neighbor's goods.

#### Act of Contrition

O my God,

I am heartily sorry for having offended you, and I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend You, my God, who are all-good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do penance, and to amend my life. Amen.

### The Six (6) Church Precepts

- **1.** You shall attend Mass on Sundays and Holy Days of Obligation.
- 2. You shall confess your sins at least once a year.
- **3.** You shall humbly receive the Lord Jesus in Holy Communion at least during the Easter season.
- 4. You shall observe the Holy Days of Obligation.
- **5.** You shall observe the prescribed days of fasting and abstinence.
- **6.** The faithful have the obligation of supporting the Church.

# The Sign of the Cross

We make the sign of the cross by touching with the right hand;

- a. the forehead, saying, "In the name of the Father;"
- b. then the chest, adding "and the Son;"
- c. and then from the left shoulder to the right, while saying "and of the Holy Spirit. Amen."

The sign of the cross shows we are Christians because it expresses our belief in the chief mysteries of our Catholic faith: the mystery of the Blessed Trinity and the mystery of the Incarnation and Redemption.

The words we say show that God is one in Three Divine Persons. The sign of the cross we make reminds us that Jesus Christ, the Son of God, died for us on the cross.